



# Do you need information and advice?

Are you:

- Living with a long term illness or disability?
- Providing unpaid support to adult family members or friends who could not manage without your help?
- Struggling with an age related condition?

If you answer 'yes' to any of the above then  
why not come along to one of our

## Adult Support Drop Ins

At Wisbech Library

5 Ely Place, Wisbech PE13 1EU

First Tuesday of the month

1pm – 4pm

Refreshments available

**1 April 2014** Activity: Creative arts for Easter

**6 May 2014** Specialist information from the Village Benefits team

**3 June 2014** Advice on Medicine Management

Our advice is free and confidential,  
and a warm welcome is guaranteed.

For further information contact

Telephone: 01480 377616 or Leigh Hornsby on 01480 373220